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Proposals POKE bowls
2025

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Home Chef presents a new way of eating from Hawaï; poke bowls.
Sane, delicious and balanced
ENJOY!!

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Poke Bowl with shrimp

- Base: White rice
- Toppings: Shrimp,kale, avocado, sesam and chia, onion, tomato and pineapple
- Fruit box or Brownie
- Water or fresh drinks

Sauce to choose:

- **Teriyaki**
- **Hot**
- **Mango**

20€/person VAT not included

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Poke Bowl with salmon

- Base: White rice and brown rice
- Toppings: Marinated salmon teriyaki, mango, wakame, crispy onion, purple onion, tomato and cucumber
- Fruit box or carrot cake
- Water or soft drink

Sauce to choose:

- **Teriyaki**
- **Hot**
- **Mango**

20€/person VAT not included

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Poke Bowl vegetarian

- Base: quinoa and white rice
- Toppings: Tofu marinated with ginger and herbs, fresh edamame, tomato, corn,radish, onion,nut and kale.
- Fruit box or yogurt
- Water or soft drinks

Sauce to choose:

- **Teriyaki**
- **Hot**
- **Mango**

18,75€/person VAT not included

Poke Bowl Chicken

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- Base: quinoa and white rice
- Toppings: Chicken, mango or pineapple, avocado,tomato,red onion
- Fruit box or yogurt
- Water or soft drinks

Sauce to choose:

- **Teriyaki**
- **Hot**
- **Mango**

18,75€/person VAT not included

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Llull, 63-69 3º 4ª | Barcelona 08005
RGS: 26-01637/B - RSIPAC: 26-04334/CAT
www.h-chef.com | pedidos@h-chef.com | T. 902 33 24 33